

Dearborn Community Education (313) 827-1910

FAMILY (ADULT + CHILD(REN)) YOGA



This class is suitable for all skill levels. A parent or family member may bring up to two school-aged children (5-17).

We will focus on mindful breathing, and movement, and have a lot of fun!

Adults, please bring your yoga mats. Child yoga mats are available if needed. Hope to see you there!



FRIDAYS 4/28-6/9
5:00-6:00PM

With
Ms. N.



Charles A. Lindbergh School Gym
500 N. Waverly St.
Dearborn, MI 48128